

Abstract

The history of phytotherapy started with our most ancient ancestors, who have been adequate that consumption some certain kinds of herbals resulted in a soothing effect of several types of diseases. Recently, herbal remedies have become a controversial issue all over the world as well as huge numbers of herbals are utilized as a good source of cosmetics, food preservatives, nutritional supplements and as natural sources for a large number of drugs in many developed industries. Recently, people around the world turn into herbal medicines because they believe that these phytotherapeutic products are natural and safer than industrial medicines, but in somehow it is not true, herbs can be the reason of many diseases such as kidney disease, liver disease, allergy and even death.