

Symptoms of Anxiety and Depression in Women after Abortion

Students:

Fatima Hussein
Mehada Hanon
Hadeel Mousa
Rasha Alaophi
Waad Namrouti

Supervissor:

Dr.Adnan Sarhan

Abstract:

Background: Abortion is considered one of the most important problem of pregnancy. It can affect women both physically and psychologically. Symptoms such as depression, grief, anxiety and suicidal behaviors, insomnia, alteration in appetite can affect the occurrence of abortion.

Aim: The aim of the study is to identify the symptoms of depression and anxiety that appear on women who have undergone abortions .

Setting: This study conducted in Palestine- West Bank in three cities (Nablus ,Ramallah, Tulkarem). The study took place at governmental hospitals of three cities.

Sample: A sample of (150) mother, between the ages (18-45) who experienced abortion , after 1-2 weeks of abortion will be included. The study used convenient sampling technique.

Research Method: A quantitative cross -sectional descriptive design, using questionnaire was used to collect data. The questionnaire consisting of four parts: demographic data, medical and obstetric history, abortion information and hospital anxiety depression scale.

Results & Conclusion: One hundred and four women who experienced abortion show according to hospital anxiety depression scale that there is a 20.2% have borderline symptoms for anxiety and 29.8 have symptoms for anxiety(abnormal score). According to depression scale 23.1% was borderline and 18.3% have symptoms for depression(abnormal score) .women are exposed to psychological change such as anxiety and depression after abortion so its important to have a measure for diagnosis of these cases after abortion in hospital and follows by psychological consultant.

Keywords: Abortion, Depression, Anxiety, Miscarriage, Mental health.