

THE EFFECT OF PHYSICAL THERAPY IN PALLIATIVE CARE (A SYSTEMATIC REVIEW)

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Abstract:

Background: Palliative care (PC) is specialized medical care for people who are suffering with a serious illness, they have focused in prevent a complication and enhance the QOL, it's provided by a specialist medical team, this teams aims to help the patient with serious illness to gain the strength to carry on with daily life. Design: systematic review. Purpose: to find the effect of physical therapy in palliative care and how physical activity could affect on last stage of patient disease Methodology: This study is a systematic review, for articles published between 2010 and 2020, 9 articles about the effect and role of physiotherapy in palliative care sitting were collected. The study review was based on the search sources that are based on the databases of Google Scholar and PubMed. Result: Our results demonstrate that Physiotherapy have a positive effect on the patient with advanced disease, they improve the QOL and facilitate functional activities. Conclusion: This review presented 9 RCT articles between (2010-2020) about the role of physiotherapy in palliative care. The study concluded that physiotherapy is associated with a big effect in palliative care for different conditions.